



Adventures in Learning—SPRING Session 2017

Registration: \$60 paid by March 15 or as soon as you can.

Fees are nonrefundable. You may attend as many classes as you like in these eight weeks for one registration fee!

A limited number of \$30 scholarships are available. For more information, call the LifeVentures' Office 316-682-0504

Lunch Fee: \$8/week (See chef's menu, page 3.) OR bring your own lunch.

Lunch reservations need to be made in advance by Friday noon (316-682-0504).

~ 8:15—8:45 am ~

BLOOD PRESSURE CHECK

(Room 150)

March 21 through May 9

Jette Mortensen, R.N.
Wichita Parish Nurse Ministry

MEET & GREET

(Hedrick Hall)

March 21 through May 9

Meet new members and greet old friends.

~ 9:00—10:00 am ~

HISTORY

(Hedrick Hall)

March 21: "Facing Long-Term Commitment in a Rest Home Environment"

Ron Leupp, Independent Counselor for Health Matters

March 28: "The Historic Plain"

Rachel Roth, Naturalist at the Great Plains Nature Center

Why were the Great Plains important to historic Kansas? How have they changed throughout the years?

April 4: "Giant Dragonflies, Australia, and a Small Town in Kansas: Investigating a 1920's Mystery"

Ron Bekemeyer, Retired Engineer, LifeVenture Member
Mr. Beckemeyer will recount his efforts to unravel a story and then tell that story. How a small spot in central Kansas came to the attention of a renowned Australian paleontologist and how he came to visit. Learn how fossils of giant insects, steamships, railroad trains, land grant colleges, long-lost photographs, and kidney stones are all part of the puzzle.

April 11: "History of the Daughters of the Nile"

Sue Towns, Past Queen of the Daughters of the Nile

What is Daughters of the Nile? Their motto is "Have fun, so kids can run!"

April 18: "The Plight of Refugees - Part 1"

Ernestine Krehbiel, Professor of History at Butler County Community College

April 25: "The Plight of Refugees - Part 2"

Ernestine Krehbiel, Professor of History at Butler County Community College

May 2: "The History of Chiropractic Medicine"

Dr. Rob Koehn, Chiropractor at Dopps Chiropractic
How did chiropractic medicine come to be?
How has it changed throughout the years?

May 9: "Searching Personal History of Genealogy"

Olin Hendry, Retired from Beech Aircraft
Have you ever wanted to find out more about your family history? Learn how to go about it, or even how to start.

SINGING for ENJOYMENT

(Chapel)

March 21 through May 9

Glennyce Reimers, Director, Lewis Street Singers; Musician, LifeVentures Member.

~ 10:00—10:30 am ~

COFFEE AND CONNECTIONS

(Hedrick Hall)

~ 10:30—11:30 am ~

**MORNING DELIGHTS
(Hedrick Hall)**

March 21: “Pharmacogenetic Test”

Beth Bowman, Certified Independent Trainer for MedX Prime
Testing genes for effects (interactions) of medicines prescribed by doctors.

March 28: “Dealing with Grief”

Rhonda O’Neill, Author of “The Other Side of Complicated Grief: Hope in the Midst of Despair”
What is complicated grief? How does it differ from other types of grief? Ms. O’Neill shares her journey through complicated grief.

April 4: “Doc - B29 Restoration”

Mark Paolucci, Doc’s Friends, Inc.
Presentation on the restoration - past, present, and future - of the B29 known as ‘Doc.’

April 11: Basics of Alzheimer’s Disease”

Breana Jones, Program Director at the Central and Western Chapter of the Alzheimer’s Association
Alzheimer’s disease is not a normal part of aging. If you, or someone you know, is affected by Alzheimer’s disease or dementia, it’s time to learn the facts.

April 18: “Wichita Children’s Home”

Debbie Kennedy, Chief Executive Officer of the Wichita Children’s Home
Ms. Kennedy will present the mission and concerns of the Wichita Children’s Home.

**April 25: “Ronald McDonald House Charities
Wichita - 101”**

Jamee Sholtz, Volunteer Manager and Capital Campaign Assistant for Ronald McDonald House and Charities
Come learn all about Ronald McDonald House Charities Wichita. Also, you will learn all the ways you can volunteer and help the families using Ronald McDonald House Charities Wichita.

May 2: “Braille”

Susan Rathgeber, Co-Leader of the Braille Work Center #71 and LifeVentures member
Learn about Wichita’s involvement in a worldwide ministry to the blind and visually impaired. What is Braille and why is it still needed?

May 9: “Square Dance Demonstration”

David Myers, Caller and Cuer
Presented by the Treasurer Village Steppers Square Dance Club.
This dance club will demonstrate the craft of square dancing with audience participation.

**CRAFT OF POETRY
(Room 150)**

March 21 through May 9

Roy Beckemeyer, Retired engineer and author of the 2015 Kansas Notable Book “Music I Once Could Dance To: Poems.”
We often think of poetry as an art. It also has elements of craft. We will discuss and perform exercises intended to improve the craft of our poetry, and will learn some simple techniques for assessing and hopefully improving our poems.

NOTICE!!

**We are very grateful to
East Heights United Methodist Church
for allowing us to use their facilities.**

**We want to make you aware that
the church is in the process of
installing a new heating and
air-conditioning system.**

**Because of this, the temperature in
the rooms will not always be able
to be controlled.**

Please dress accordingly.

Bring along a jacket or sweater.

~ 11:45—12:15 pm ~

LUNCH

TASTE THE DIFFERENCE!

Chef Colette Baptista and her staff of Colette's Catering prepare all of our luncheons from scratch, using only the freshest ingredients. **Reservations** (\$8.00 each) need made by the Friday noon prior!

March 21 - Week 1

Tossed Salad
Baked Ham
Au Gratin Potatoes
Mixed Vegetables
Roll & Butter
Apple Crisp

March 28 - Week 2

Barbecue Chicken
Macaroni & Cheese
Seasoned Peas
Veggie Tray with Dip
Cornbread
Cookies

April 4 - Week 3

Italian Tossed Salad
Italian Meatballs
Baked Pasta
Green Beans
French Bread & Butter
Tiramisu Bars

April 11 - Week 4

Waldorf Salad
Swiss Steak
Roasted Potatoes
Mixed Vegetables
Roll & Butter
Lemon Cake

April 18 - Week 5

Baked Potato Bar w/ Chili & Toppings
Sweet Broccoli Salad
Chocolate Cake

April 25 - Week 6

Cole Slaw
Meat Loaf with Brown Gravy
Mashed Potatoes
Green Beans
Roll & Butter
Cookies

May 2 - Week 7

Tossed Salad
Oven Fried Chicken
Roasted Potatoes
Baby Carrots
Roll & Butter
Yellow Cake

May 9 - Week 8

South of the Border Mexican Buffet
Dessert - Chef's Choice

~ 12:30—1:00 pm ~

LUNCHEON PROGRAMS

March 21: "Piano Duo"

Glennyce Reimers and Mary Mays
Two ladies who love music and piano duets.
Classical favorites & spirituals. Something for everyone.

March 28: "Newman University Troubadours"

Deanne Zogelman, Director of Music at Newman University
This select ensemble from Newman University will sing selections from their upcoming spring show, "Can't Stop the 60's."

April 4: "The Men of Broadway"

Deanne Zogelman, Director of Music at Newman University
Voices from the Heart, a group from the Heart of America Men's Chorus, will sing songs from the Jersey Boys and other favorites from Broadway.

April 11: "Sing-a-Long"

Glennyce Reimers, Director of the Lewis Street Singers, Musician, LifeVentures Member
Tap your toes and sing-a-long with some favorite cowboy songs, Irish songs, Americana songs, and show tunes.

April 18: "A Tribute to James Whitcomb Riley, the Hoosier Poet"

Judy Oliver, Director, Retired Elementary Teacher, LifeVentures Board Member
Presented by Threadbare Readers Theater.

April 25: "Strolling Strings"

Frances Oare, Orchestra Director, Coleman Middle School
Be entertained with string selections by the Strolling Strings, comprised of students from Coleman Middle School.

May 2: "Music Is My Life"

Glennyce Reimers, Director of Lewis Street Singers, LifeVentures Member
The Lewis Street Singers present music, old and new, to touch your hearts and minds.

May 9: "Christian Youth Music Theater"

Julie Crow, Class Coordinator
Robert Thomas & Jessica Thomas, Directors
Students, ages 8-16 from across Wichita, sing, dance, and act. They will present Pirates 2!, complete with "tapping" and "fighting" pirates!

~ 1:15—2:15 pm ~

RELIGION
(Room 112)

March 21: “Immigrants in Wichita”

Gary Phelps, Extended Services Caseworker at Episcopal Migration Ministries
Mr. Phelps will share EMM’s mission in refugee support and resettlement in the Wichita area.

March 28: “Global Faith in Action”

Sam Muyskens, President of Global Faith in Action
Rev. Muyskens will discuss the mission of Global Faith in Action.

April 4: “What Is Alternative Gifts International”

Surinder Moore, Program Manager at Alternative Gifts International
Learn more about a program that promotes gifts which alienate poverty and sustainable futures globally.

April 11: “Heart to God—Hand to Man”

Major Joseph Wheeler, Wichita City Commander of The Salvation Army - Koch Center
A brief history and motivation of The Salvation Army and its sacred mission of helping people.

April 18: “Stephen Ministry”

Sally Chesser, Director of Stephen Ministry at East Heights United Methodist Church
What is the purpose of Stephen Ministry? How can you participate?

April 25: “History of Arbor Day”

Carol Graham, LifeVentures Member
Ms. Graham will have a visual presentation of her work with Arbor Day activities in Wichita.

May 2: “What Is the Future for Youth in the Church?”

Rev. Samuel Paunetto, Associate Minister of Faith Development at Hillside Christian Church

May 9: “How Do Youth React to the Church?”

Rev. Samuel Paunetto, Associate Minister of Faith Development at Hillside Christian Church

PENCIL DRAWING TECHNIQUES
(Room 150)

March 21 through May 9

Charles Potter, Illustrator, LifeVentures member.
Learn several techniques to draw pictures with just a pencil.

THREADBARE READERS THEATRE
(Room 120)

March 21 through May 9

Judy Oliver, Facilitator; Retired Elementary Teacher.
Join a vibrant group rehearsing hilarious short skits and sketches for public presentations. No memorization is needed, but good public reading/speaking is important.

**LifeVentures
Board of Directors 2017**

Bonnie Thompson, President
Fred Haag, Vice President
Judy Oliver, Treasurer
Marge Gilbertson, Secretary
Carol Beverly
Richard Caldwell
Kathy Hannah
Madgie Hinnens
Wayne Mason
Ron Oliver
Wanda Rogers
Bill Wenzlaff

**Thank you to our board
members for serving!**



LifeVentures – Spring 2017
 4407 East Douglas Wichita, KS 67218
Adventures in Learning Registration Form
 Due in office by March 15

Name _____ Ph. # _____ I'm new ___ I'm back ___
Last First

Name _____ Ph. # _____ I'm new ___ I'm back ___
Last First

Address _____ City _____ Zip Code _____

Email Address _____ Birthday _____

Which place of worship do you attend? _____

How did you hear about LifeVentures?

Church ___ Friend ___ Newspaper ___ Senior Expo ___ Facebook ___ Other _____

In case of emergency, please notify: (Please fill out if you are new or if the information has changed since you last registered.)

Name _____ Phone # _____

Name _____ Phone # _____

Doctor _____ Phone # _____ Preferred Hospital _____

**A limited number of scholarships that will cover \$30 of the cost of registration are available.
 If you are interested in obtaining an application for the scholarship, please contact the
 Office at LifeVentures either by email, letter, or telephone.**

ADVENTURES IN LEARNING FEES

Registration fee \$60 each person \$ _____

Paid lunch reservations (\$8 each)

Please circle: 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2, 5/9 \$ _____

Lunches are non-transferable to another day or session.

Lunches must be reserved by the Friday prior to Tuesday class.

Tax deductible donation to LifeVentures \$ _____

“To help support the many activities we all enjoy”

Total Amount \$ _____

Please send completed registration form with check payable to:

LifeVentures

4407 East Douglas, Wichita, KS 67218

Welcome!

We're looking forward to a terrific series of spring classes and we hope you will join us. If you cannot attend this session, please pass this class schedule to a friend.



LifeVentures welcomes guests.

You may bring a friend (first-time attendee only) to classes one Tuesday with no fee. Lunch needs to be reserved by noon the Friday prior (316-682-0504). Either way, call us so we can have a name tag ready!



Our Mission: To provide educational and enrichment opportunities for adults "50 and better" in an interfaith environment.

Our Vision: To celebrate aging as a time of renewed growth, new horizons, expanding perspectives, and service to others.

Our Slogan: Learning, Creating, Sharing.

LIFEVENTURES OFFICE

Exterior door: Park on Crestway, use the sidewalk that leads up to the church doors by the playground. Ring bell on left door.

Interior: Walk across the church sanctuary and enter through the door to the right of the altar then turn right and enter right.

Office hours: Please call ahead as we are manned by volunteers. 316-682-0504

Parking is available

on the east and south sides of East Heights UMC, on Crestway Street, and in the parking lot of Second Church of Christ Scientist (east of East Heights). The "no parking" area on the east side of the church is reserved for people taking young children to preschool. Please do not park in that area.



?? Questionable Weather ??

If the Wichita Public School classes are cancelled, *Adventures in Learning* classes will be also. Listen to radio and TV for updates.

Nice to Give! Great to Receive!

LifeVentures' gift certificates are available in any amount and can be purchased by calling the office.

316-682-0504





Non-Profit Org.
U.S. Postage Paid
Wichita, KS
Permit No. 293

Registration has begun!

4407 East Douglas Wichita, KS 67218 682.0504

Adventures in Learning

Spring 2017 Schedule
March 21 through May 9, 2017

LifeVentures is a nonprofit, interfaith community of active senior adults.

Our Mission: To provide educational and enrichment opportunities for adults “50 and better” in an interfaith environment.

What is Adventures in Learning? LifeVentures’ hallmark program. This program offers educational and enrichment classes 2 times per year (spring & fall) in 8-week sessions.

Our Services: Adventures in Learning, Tuesdays Together, Threadbare Readers Theatre, Greater Wichita Senior Spelling Bee.

Who does the work? Volunteers, along with Emily Schaefer, our *Adventures in Learning* Coordinator.

How is it financed? By donations, memorials, fundraisers, grants, *Adventures in Learning*, and Tuesdays Together fees.

Where is it located? East Heights United Methodist Church, 4407 East Douglas, Wichita, KS 67218.

We are blessed to have the support of these 15 congregations:

East Heights United Methodist ~ A very special thanks for giving us a home!

Holy Cross Lutheran ~ Hillside Christian ~ Grace Presbyterian ~ St. James Episcopal

College Hill United Methodist ~ University Congregational ~ University United Methodist

First United Methodist ~ Plymouth Congregational ~ Congregation Emanu-El ~ Bethany Lutheran

Lorraine Avenue Mennonite ~ Woodland Lakes Community ~ Mount Vernon Presbyterian

For more information, call the LifeVentures office at 316-682-0504

www.LifeVenturesKS.com office@lifeventuresks.com



Like us on Facebook!